

Welcome to the 2025 Southside Shooters Trap Team

What is Trap Shooting?



In a game of trap, there is a single trap house and five different shooting stations. Shooting stations are 16 yards back from the trap house.

The clay targets are thrown away from the shooters; the trap machine throws clays at a slightly different angle each time. That means you never know which way the target will fly: straight-away or at any angle to the left or right. The shooting stations are numbered 1 through 5, from left to right.

The shooter who starts at station one is the Squad Leader – they are the first to shoot. Then goes the second shooter, then the third and so on. After all five shooters have shot once, the lead shooter's up to shoot again. The game goes on this way, with each shooter taking a turn to shoot one target until each shooter has shot five times.

After each shooter has shot five rounds (targets), each shooter shifts one station to the right, and the shooter that started at station 5 will move to station 1.

After the first rotation, the Squad Leader is the first person to shoot the next round– not the shooter who is at station one.

The shooting continues until every shooter has shot a round of 25 targets – 5 at each station.

Coaches and Team Volunteers:

Head Coach - Aaron Lyons	402.525.2548	aaronlyons215@gmail.com
SR. High Coach - Jeff Krinke	402.613.1443	jeff.krinke@gmail.com
Administration - Kent Richard	402.540.2915	kentr@inebraska.com
Assistant Coach - Jeff Dreith	402.202.6935	JDreith1985@gmail.com
Assistant Coach - Steve DeLancey	402.430.0619	steveddelancey@gmail.com
Assistant Coach - Tom Shea	402.430.1379	tmshea1979@gmail.com
Assistant Coach - Ed Cross	402.429.5238	
Assistant Coach - John Elam	402.430.6235	
Assistant Coach - Gary Wieman	402.416.8195	
Assistant Coach - Shaun Brannen	402.480.5820	
Assistant Coach - Chris Kolbet	402.480.3064	
Assistant Coach - Mike Earley	402.450.3054	
Assistant Coach - Wes Newton	402.770.0536	
Assistant Coach - Cory Callahan		
Assistant Coach - Bryan Scholtes		
Assistant Coach - Kirk Malzer		
Assistant Coach - Tim Byrne		
Assistant Coach - John Majerus		
Assistant Coach / Grill Master - Tom Bennett	402.840.5094	rentgarmel@gmail.com
Assistant Coach / Grill Master - John Mares	402.310.1044	
Practice Coordinator - Gretchen Bixenmann	402.570.1369	gretch727@yahoo.com
Practice Coordinator - Billie Jo Smith	402.314.6382	
Booster Club President - Missy Minner	402.417.8108	msmissminn@gmail.com

What to Bring to Every Practice and Meet:

- Shotgun. A 12 gauge is preferred; Jr High shooters may use a 20 gauge. Pump, Break Action, or Semi-Automatic with at least a 26" barrel length. Semi-Automatics will need a shell catcher or rubber band to catch ejected shells. No Side-by-Side double barrel or hammer cock shotguns.
- A note on Shotguns... For beginners, a good operating field shotgun works great. For the more experienced shooters that want to attain the highest level of performance, a quality trap shotgun is recommended. Parents are encouraged to talk to coaches prior to purchasing a shotgun. A trap shotgun, if maintained, will retain its value and is easy to sell.
- Shooting vest or shell bag.
- 2 boxes (minimum) of shells. 12 gauge shell should be 2 ¾", Trap or Target Loads only. We suggest a 1-½ ounce shell with #7.5 or #8 shot. Use 1145 FPS for shorter distances and 1200 FPS for longer distances (Handicaps).
If less recoil is needed a 1 ounce shell, #8 shot, at 1180 FPS works well.
If you reload your own shells, please talk to a coach.
- Eye and Ear protection.
- Weather appropriate attire. Caps and shooting gloves are recommended but not required.
- Shooters are not allowed to listen/play music when on the line and shooting.

Practices:

- **Safety** will be number one for every shooter and every coach.
- All practices are held at Lincoln Ikes on Tues and Thurs from 4:30 – 6:30 p.m and Sat from 12:30 to 3pm.
- Our Practice Coordinators will be at the office window and will create the squads for each Trap. Shooters will come to the window and ask to be squadded (get your friends together and shoot as a squad!).

- During practices we will be focusing on each shooter's fundamentals, technique, and gun safety. We will help you sharpen your skills and keep your mind focused on what it will take to become a successful trap shooter.
- Shooters are encouraged to shoot multiple practice rounds, the more you shoot the quicker you'll improve. Our coaches love to help! Please feel free to ask questions or request additional help!
- Having a good attitude on the line is very important. If the rocks aren't breaking stay positive and keep trying. Asking a coach for help can make all the difference.
- No shooting will take place until a coach is present.
- We do need lots of parent/adult help. Pulling and Scoring are very simple, we will train you! The more help we get the more we can spend time working with your kids.
- We will be recording the shooter's Practice and Meet scores which will be used in determining squadding position of shooters for Meets.
- **Gun fit** is one of the most important issues that coaches will be working with shooters on. You'll see coaches taking shooters to shoot at our pattern board to see where the shot spread is.
- Maintenance of the shotgun is a must. If you have any questions on how to clean your shotgun, please talk with one of our coaches.
- Trap shooting is a Team sport, which means every shooter needs to pitch in when it's time for loading trap houses and picking up boxes and empty shells.
- **January 28th** will be our first practice for all our shooters.
- Starting **March 11th** and every Tuesday thereafter, there will be a team meeting beginning at 5:30 p.m. to discuss the results of the previous meet, the upcoming meet (squadding, shoot times), and other items as needed.
- If practice times change or practice is canceled you'll be notified via the Band App. Our website www.piusxtrap.net will also have the info.
- Do not contact Pius X or Lincoln Lutheran High Schools concerning practices or meets as they will not be able to help.
- To be allowed to shoot at practice all shooters must 1) have submitted a completed registration and consent form, 2) paid the registration fee, and 3) have at least one parent attend a parent meeting.

Regular Season Meets: (Lincoln Ikes, Lincoln Trap & Skeet, & Ashland)

- We will have six regular meets, rotating between Lincoln Ikes, LTS, and Ashland on Saturdays beginning on **March 15th**.
- Your shooter will know what Squad they will shoot on and the approximate time they shoot at the Thursday practice before the Meet.
- Arrive one hour prior to your squad's scheduled shoot time. The time is an educated guess, so earlier is better.
- Check in with the coaches as soon as you arrive. Look for the Pius X flag/tent.
- Know when your squad is 'on deck'. At that time get your gun and everything you need to shoot (eyes, ears, bag, shells, gun). Always have 2 extra shells with you in case of a dud.
- Sr's will shoot 50 targets from the 16 yard line and 50 targets from their designated Handicap yardage.
- Jr's will shoot 50 targets from the 16 yard line.
- If there are ties for first place a 'shoot off' will occur after the event is done. These are intense and fun!
- If you want to leave before the Meet is over you must get permission from a coach. We'll check if there's a possibility of you being in a shoot off. If you leave and are not there for a shoot off, the entire squad forfeits the opportunity for an award.
- Awards are presented at the next team meeting.
- The Lincoln Ikes is our 'Home' range. When shoots are hosted here, all Southside shooters will be asked to help load the trap houses and other duties, making sure the meet runs smoothly.

Lunches at Meets:

When the meets are hosted at Lincoln Ikes, our team hosts the kitchen operations which serves breakfast, lunch and snacks. We must have parents help with this operation. Proceeds from this activity assist in paying for some of the expenses at the State shoot along with club awards. We'll do a signup genius to organize the parent help.

At the Lincoln Trap & Skeet and Ashland meets, our Grill Masters will organize food for our team and families. Families may be asked to bring food or drink items to share; this is always a great time together!

Gayle Hanshaw All Conference Shoot: (Lincoln Trap & Skeet and Lincoln Ikes)

To qualify for this **April 26th** shoot you must shoot at 5 of the 6 meets. You will be placed in a class and squad based on your individual season average. Awards are given for high individual scores per class (about 10 classes!).

An award ceremony will occur at the end of this meet to acknowledge the All Conference shooters from the season. This is based on each individual shooter's season average and is a high honor.

The Sr High All Conference Shoot will be at Lincoln Trap & Skeet and the Jr High All Conference Shoot will be at the Lincoln Ikes. You will know if you qualify for the shoot and what squad you'll shoot on the week prior.

Cornhusker National Invitational State Meet:

This is what everyone has been working so hard for all year! This is the last meet of the season and we'll be competing with ~2,500 other shooters from around Nebraska at the Central Nebraska Gun Club in Doniphan.

On Thursday, **May 1st**, Jr's will shoot 100 – 16 yard targets. Any shoot offs will occur after all Jr shooters have finished. Once those are completed, awards will be presented.

- Jr's and their families may want to consider spending Wednesday night in Grand Island or Hastings.

On Friday, **May 2nd**, Sr's will shoot 75 – 16 yard targets. Any shoot offs will occur after all Sr shooters have finished. Once those are completed, awards will be presented.

On Saturday, **May 3rd**, Sr's will shoot 75 handicap targets. Any Handicap or HOA shoot offs will occur after all Sr shooters have finished. Once those are completed, awards will be presented.

- Sr's and their families may want to go spend Thursday and Friday night in Grand Island or Hastings.

Arrive at least 2 hours before you are scheduled to shoot so you can get checked-in. There are practice traps if you want to shoot a warm up. Practice Tickets are purchased at the clubhouse.

We'll have food at our campsite. Consider bringing chairs, blankets, sunscreen, etc. There will be several food, gun and accessory vendors at this meet. You will have the opportunity to purchase state trap apparel, reloading supplies, guns, hunting and trap items, coats, caps, etc. Ducks Unlimited usually hosts some type of raffle as well as opportunities to win, but you have to sign up BEFORE you shoot.

Please make sure to call the school and let them know your son or daughter will not be in school the day(s) that they will be shooting and make sure your child(ren) have completed the necessary sign-out sheets. This is your responsibility. This will be an excused absence since it is a school sponsored sporting event.

We have reserved a block of hotel rooms in Grand Island this year. More details will be provided later. It will be up to the parents to contact the hotel to reserve a room in their name and pay the bill.

Pius X Trap Team Awards Banquet:

We will host our end of season banquet on **Sunday, May 11th**, beginning at 12:00 noon. A meal will be prepared and families will be asked to bring sides or desserts to share with all. Following the meal, awards will be presented and pictures taken. Shooting games for the whole family to follow.

Requirements to Letter:

The criteria is based on a minimum of five conference meets plus the Cornhusker State Trap Shoot.

1. 80% average for the season. Must participate in at least five conference meets and the Cornhusker Invitational State Trap Shoot. The average is calculated using the sum of the best five conference scores and the Cornhusker Invitational score.
2. 85% average at the Cornhusker State Trap Shoot. Must also participate in at least five conference meets. The shooter must have an 85% average at the Cornhusker State Trap Shoot based on the total targets in the program.
3. Any Senior who has never lettered but who has participated four years with the Southside Shooters Trap Club and participated in 5 of 6 conference meets and the Cornhusker Invitational State Trap Shoot all 4 years.

Note: Junior High shooters are not eligible to letter.

Hunter Education / Firearm Safety Training Course Requirement:

All participating members of the Southside Shooters Trap Team and ECTC are required to successfully complete a Firearm Safety Training Course recognized by the Nebraska Game & Parks Commission. For more information talk with Kent Richard or go to <http://outdoornebraska.gov/huntereducation/>. Hunter Education numbers must be provided to the Conference BEFORE participating in any conference sanctioned shoots.

Parent Involvement:

In order to make our club and our shooters successful, parent involvement is essential! Each family will be expected to help out in some way. We especially need parents to help pull and score for the shooters at practices. This enables the coaches to spend more time coaching and assisting each shooter.

We have a **Booster Club** for our Trap team, please contact Missy Minner if you would be interested in assisting with Fundraising or taking pictures for our Facebook page.

Contact a coach if you have questions on how you can best help or contribute.

Fees:

Students are responsible for all fees and costs associated with practice and competition in meets. The Southside Shooters Trap Club will pay the entry fee at the Cornhusker State meet. The funds paid to the Southside Shooters Trap Club will be placed in your personal account for the season. Your account will be debited according to how many targets you shoot and how many meets you attend.

- Registration fee: Jr High = \$100. Sr High = \$150. Maximum of \$250 per family.
- Practice fees will be \$5.50 per 25 targets.
- Competition fees for meets will be \$16.00 for Jr's and \$32.00 for Sr's.
- Ammunition is an additional expense.
- Shooter account payments are accepted by check or cash and can be paid at any of the practices. See Kent Richard for account balances and any payment questions.
- It is important that each shooter keep sufficient money in their account to cover their expenses. If a shooter's account has a negative balance, a parent will be notified and the shooter might not be allowed to practice.
- Shooter accounts must be paid up the week Prior to the Gale Hanshaw Shoot. A Negative balance will mean the shooter can't shoot the Gale Hanshaw Shoot or the Cornhusker State Shoot.
- At the end of the season, if shooters have a credit in their account, they can be reimbursed or have it carried over to the next season.
- If financial issues occur during the season please talk with Coach Lyons or Coach Krinke. We will work with you on keeping your shooter shooting.

Places to Purchase Ammunition:

One flat of shells contains 10 boxes (each box holds 25 shells) for a total of 250 rounds.

If you have any questions about reloading or what type of shells to purchase, please see one of the coaches.

Guns Unlimited

4325 S. 120th Street
Omaha, NE
402.339.0771

Scheels All Sports

3030 Pine Lake Road
Lincoln, NE
402.420.9000

Ear Protection Option:

Ear Gems will mold custom ear plugs for individuals and will be at the Lincoln Ikes clubhouse in early February. We will inform everyone when we know the day and time.

*** Saturday, February ?? 12:00pm to 1:30pm.**

Current pricing via credit card (this includes your carrying case, guarantee and free clear coating 1 time during the life of the plugs. They suggest a clear coat every two years).

- Single color: \$49.38
- Single color w/lanyard: \$55.41
- 2 color swirl: \$54.86
- 2 color swirl w/lanyard: \$60.89

These ear plugs are molded that day and then mailed to the coaches within 10 business days.

Team Apparel & Window Decals:

T-shirts, sweatshirts, hoodies, jackets, stocking and baseball caps, window decals, etc. will be available to purchase in the next few weeks.

Websites / Social Media:

- We use the Band App as the primary mode of communication for the team (announcements, time changes, practice cancellations, etc.). This is very important; Kent Richard will set each shooter and family up.
- Our team website is www.piusxtrap.net. All shooters must register at this website prior to beginning the season and being able to practice (Kent Richard will assist you with this). Lots of information is available here including this year's schedule and fee information.
- Like us on Facebook at **Pius X Trap Friends**. We will try to post updates and pictures here throughout the season.
- All shooters need to register with 4H at <https://ne.4honline.com> and complete the necessary registration and release forms. Contact Kent Richard with any questions.
- The Southside Shooters Trap Team is a member of the Central Division of the Eastern Cornhusker Trapshooting Conference (ECTC). You can find more info about the conference, shoot results, and stats at <http://www.shootectc.org>.